



Eli Lilly Direct Self Pay Consent Form

- The medical weight loss plan involves an initial consultation with our provider to determine if you are an appropriate candidate.
- Participants will receive dietary guidance, medication counseling, exercise advice, and a prescription for Zepbound once weekly injections.
- The first injection will be demonstrated and administered in the office, and all follow up injections are self-administered at home.
- Follow-up appointments are once monthly with a physician or physician assistant to monitor progress, answer questions and provide support.
- Participants may opt out at any time with 30 days' notice.

Cost:

- Initial evaluation with provider (20-30 minutes): \$175
- Monthly follow up with provider (30 minutes): \$125 *This service is not billable to insurance.*
- Optional: Vitamin B-12/MIC (methionine-inositol-choline) once weekly injections. These lipotropic nutrients are commonly used in medically supervised weight loss, to help the body burn fat more efficiently. Added cost is \$100 per month.

Referral program:

- For each referral of a new participant who starts the program, we will apply \$100 credit to both accounts for 1 month supply of Vitamin B-12/MIC injections.

Print name

Signature

Date

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